



## STAYING CYBER SAFE THIS YEAR

With the increased activity online – be it due to working from home, home schooling, or simply because we have found a great availability of engaging and interesting content and streaming services, we are online a lot more and need to consider if we are adhering to safe cyber practices at home. This means having the right protective measures in place, and ensuring we are discussing safe cyber practices with other members of our household.

***Did you know the average household owns 17 internet-connected devices?\****

*\*(Telsyte Australian IoT @ Home Market Study 2018).*

### TOP TIPS FOR STAYING SAFE ONLINE AT HOME

- Use strong passwords and two-factor authentication
- Update your software
- Have antivirus installed
- Be careful of the information you share online that can easily identify you and be used against you
- Never click on suspicious links.

### STRONG PASSWORDS

A good rule of thumb for passwords is – the longer the stronger! Consider a password that contains:

- at least 8 characters (14 characters is even better!)
- at least one upper case
- one lowercase
- one numeric
- one special character (not the % sign).



When you set up a password you should avoid using details that can easily identify you – such as your own date of birth, street number, age, name etc. These are too easy to guess.

## **PASSPHRASES**

A passphrase is similar to a password but is often more difficult to break as it is a sentence that is unique to you but easy to remember. It is generally longer and more complex than a password and ideally contains an uppercase, symbols and punctuation.

An example of a passphrase might be your favourite meal or activity:

- Onfridayslorderfishnchip5
- NeverStartTheDayWithoutACoff33
- Weplays0ccer0naSaturday!

## **KEEPING OUR CLIENT DATA SAFE**

Protecting your personal information will always be a priority for us, and we will continue to make it easier, and safer, for you to work with us. If you have any questions or concerns, please get in touch with us.

## **WANT TO KNOW MORE?**

Watch the Cyber Security Explainer video by our licensee IOOF.

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